



WELIGAMA  
BAY RESORT



# BAWANA SPA

ONE STEP TO THE HEAVEN

## BAWANA SHIRODHARA

TILL 1 PM ONLY

45 MIN. – 15 000 L.K.R.

Ancient ayurvedic relaxing technique in which warmed Oil pouring over the third eye chakra

## AYURVEDIC FULL BODY MASSAGE

60 MIN. – 10 000 LKR – 90 MIN. – 14 000 L.K.R.

Let your mind flow and luxuriate in a full body Massage that gently lulls your senses into total relaxation

## AROMA THERAPY FULL BODY MASSAGE

60 MIN. – 10 000 LKR – 90 MIN. – 14 000 L.K.R.

Let yourselves be pampered with relieving full Body massage

## STRESS RELIEF FULL BODY MASSAGE

60 MIN. – 10 000 LKR – 90 MIN. – 14 000 L.K.R.

Head to foot deep relaxation an ideal match for Relieving tension in your body and mind

## RELAX FULL BODY

75 MIN. – 14 000 L.K.R.

Relaxed massage focused on your face, body and feet

## DEEP TISSUE FULL BODY MASSAGE

60 MIN. – 14 000 L.K.R.

Sport type of full body massage and body stretching

## ACHE, PAIN REDUCE MASSAGE

60 MIN. – 10 000 L.K.R.

## FEET REFLEXOLOGY

50 MIN. – 10 000 L.K.R.

## LIMB DRAIN MASSAGE

45 MIN. – 8 000 L.K.R.

## HOT STONE MASSAGE

45 MIN. – 11 000 L.K.R.

## BACK MASSAGE

30 MIN. – 6 500 L.K.R.

## SURF PAIN RELIEF MASSAGE

30 MIN. – 6 500 L.K.R.

## HEAD MASSAGE

20 MIN. – 5 000 L.K.R.

## LEGS OR FOOT MASSAGE

30 MIN. – 6500 L.K.R.

## ABDOMINAL (STOMACH) MASSAGE

20 MIN. – 5000 L.K.R.

We are using pure natural local products and oils.

All prices are final and inclusive government taxes and 10% service charge.

More informations about each treatment will be given to You by our Therapist.